

Summer Academy UNIT OF STUDY

Integrating Health into other subject areas - Nutrition	
Unit Title Length of Delivery of Unit Team Members	<input checked="" type="checkbox"/> Integrating Health into other subject areas - Nutrition <input checked="" type="checkbox"/> Three Weeks <input checked="" type="checkbox"/> Carrie Iverson, Laura Detert, Amanda Hinshaw
Unit Objective or Purpose:	<input checked="" type="checkbox"/> To teach our students to be health literate with the guide of the Food Pyramid
Academic Goals & Standards: (Locate standards on the district web site: Click on District Dept Click on Curriculum Click on Academic Goals And Standards – left side column listed by grade levels)	<input checked="" type="checkbox"/> Standard A: Students will understand concepts related to health promotion and disease prevention. <input checked="" type="checkbox"/> Standard B: Students will practice behaviors to promote health. <input checked="" type="checkbox"/> Standard C: Students will demonstrate the ability to use goal setting and decision making skills to enhance health. <input checked="" type="checkbox"/> Standard E: Students will analyze the impact of culture, media, technology, and other factors on health.
Connection to district curriculum: (Briefly describe how existing curriculum will be enhanced through this project.)	<input checked="" type="checkbox"/> Our health texts do not adequately teach nutrition and the benefits of healthy eating. This unit will give students the knowledge they need to make healthy choices.
BRIEFLY highlight how each of the five strands are represented in the unit. Literacy, Tech Tools, Differentiation, Assessment, Information Literacy	<input checked="" type="checkbox"/> Literacy-Health literate individuals are self-directed learners who have the competence to use basic health information and services in health enhancing ways. <input checked="" type="checkbox"/> Tech Tools-Students will develop a Venn Diagram to demonstrate their knowledge of healthy vs. non-healthy foods. <input checked="" type="checkbox"/> Differentiation- Using a rubric to assess their food menu, the students will be able to choose their level of involvement. <input checked="" type="checkbox"/> Assessment- Develop a well-balanced meal. <input checked="" type="checkbox"/> Information Literacy-Web searches to find healthy food choices.